

specialities and recommendations

empanada de carne, oven baked meat pastie	2.80
empanada de espinaca, oven baked spinach and fetta pastie	2.80
empanada de queso, fried cheese pastie	2.80
empanada de marisco, fried seafood pastie	2.80
churrasco palta, rump steak, avocado and tomato in chilean village bread	4.80
churrasco queso, rump steak, melted cheese and tomatoes in chilean village bread	4.80
tostada, crispy corn tortilla with refried beans, chicken, cheese, guacamole and salsa	4.00
torta mexicana, refried beans, chicken, cheese, salsa and guacamole	3.90
spanish potato tortilla, sautee potato omelette	1.90
baby spinach tortilla	2.00
prawns in garlic sauce	3.90
mushrooms in garlic sauce	3.90
large soup	2.50
small soup	2.00
special of the day	6.00

Tacos, soft corn tortillas with different fillings

shredded chicken breast, refried beans, lettuce, cheese, salsa and guacamole	4.00
diced beef with guacamole	4.00
refried beans with fetta, guacamole and spring onions	4.00

el vergel sandwiches

baguette.....35p Village bread.....50p	
torta mexicana, refried beans, chicken breast, cheese, salsa and guacamole	3.90
hummus and cress	2.50
refried beans, peppers lettuce and guacamole	2.70
chicken and guacamole	3.50
shredded chicken breast and salad	2.90
free range egg mayo and cress	2.60
fetta cheese, red peppers, olives, salad	3.40
brie and salad	2.60
cheddar cheese and salad	2.50
haloumi cheese with tomato and cucumber	3.30
cream cheese and cucumber	2.30
kidney beans with red peppers and coriander	2.30
prawn and avocado	3.40
salmon and guacamole	3.60
salmon and cucumber	2.90
tuna mayo and cucumber	2.50
milano salami, tomatoes olive oil and basil	2.80
ham and salad	2.40
bacon	2.50
extras: avocado, red and green peppers, olives	0.45
fetta, haloumi. anari, brie	0.90

el vergel boxed salads

mediterranean, lettuce,tomato,gress,cucumbers,peppers,fetta,olives and avocado	4.70
greek haloumi cheese	4.70
spanish potato tortilla	4.60
green bean tortilla	4.70
kidney bean salad	4.60
tuna fish salad	4.80
prawn salad	5.20
smoked salmon salad	5.20
smoked mackerel	4.95
rump steak salad	5.50
shredded chicken breast	4.80
salad base, lettuce,tomatoes, cucumbers,peppers,olives, avocado and cress	4.50
additional salad options	
fetta cheese.....90p.....haloumi cheese...90p.....guacamole.....90p.....	
hummus.....90p	
salsa....80p..... kidney beans....80p	

el vergel breakfast 8am-11am

special latin breakfast, free range scrambled eggs in a mild piquant 'salsa' sauce	
bacon or spanish chorizo,beans,village bread	5.20
corn tortillas with free range scrambled eggs in piquant sauce,kidney beans	
and avocado slices	4.00
croissant au buerre	1.40
pain au chocolat	1.70
village bread and jam	1.90

desserts

cheesecake	2.50
chocolate mousse	1.80
halva	1.80
yoghurt+honey	2.20

dips and sauces

guacamole	2.20
salsa	2.00
pebre	2.00
hummus	2.00
refried beans	2.00
tortilla chips	80p

drinks

capuccino	1.80
espresso	1.00
double espresso	2.00
macchiato	1.30
hot chocolate	2.00
latte	1.80
moccha	2.00
fresh mint tea	1.50
breakfast tea	1.00
herb teas	1.50

drinks

fresh orange	1.50
carrot juice	2.00
canned drinks	70p
speyside mineral water	33cl 1.00 / 75cl 2.00

fresh tropical juices prepared every day

phone orders / deliveries

local delivery service for orders over £20 made before 11am, £1 delivery charge on all orders
order any time by phone and collect your food order within 20 minutes
all our food is cooked fresh everyday on the premises

el vergel, 132 webber street, se1 0ql tel: 0207 401 2308 open mon-fri 8am-3pm sat+sun 10am-4pm

el vergel is available for hire and we cater for all occasions, email stella@elvergel.co.uk